



Email and Text Consent

HIPAA regulations and my professional Code of Ethics both require that I keep your Protected Health Information (PHI) private and secure, and indeed I want to do so. Email and text are very convenient ways to handle administrative issues like scheduling appointments, requesting receipts, or asking billing questions. However, neither email nor text are 100% secure. Some of the potential risks you may encounter if we text or email include:

- Misdelivery of email or text to an incorrectly typed address or phone number.
- Email accounts, phones, iClouds can be 'hacked', giving a 3rd party access to content and contact information.

For these reasons, I will not use email or text to discuss clinical issues (i.e. the important things we talk about in session.)

If **you** are comfortable doing so, I am happy to use email to handle small administrative matters like scheduling and billing. In giving your consent to correspond via text and email, you acknowledge that I will save your contact information in my phone under an abbreviated name (I will NOT save under your full first and last name) so that I can recognize the number and email from which you are corresponding. I will NOT respond to text messages from phone numbers I do not recognize.

If you are **not** comfortable with these risks, we can handle administrative issues via phone calls.

Please indicate your preference regarding text and email correspondence by circling your choice below.

I **DO** **DO NOT** consent to use of email and text.

If given, consent will expire 2 years after our last appointment. This means that I will not initiate contact via email or text, although you are still welcome to email me, and I can briefly reply if you do.

Printed Name

Date

Signature